



# GRISS

The Golombok Rust Inventory of Sexual Satisfaction

John Doe

Sex: Male

Date: 3/16/18 Time: 1:16 PM

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UNIVERSITY OF  
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The Psychometrics Centre

## About the report

Standardisation was based on a sample of 88 sex therapy clients from clinics throughout the United Kingdom. A combination of norm referencing and criterion referencing yielded transformed scales that give a good indication of the existence and severity of any problems. Transformations are to a qualitative stanine scale (from 1 - 9), with a score of 5 or above indicating a problem. A further validity study with 127 sex therapy couples at the Sexual Dysfunction Clinic at John Hopkins University showed that the scales discriminated effectively between those who had a diagnosis of a sexual dysfunction and those who did not.

## Overall Male Scale



The overall pattern of your answers to the questionnaire indicates that you are experiencing very severe problems in your sexual relationship. If things have not yet reached a stage where your entire relationship is in jeopardy you should seek the advice of a relationship counsellor who may be able to help you and your partner come to term with your difficulties. Or you could consult your doctor.

## Impotence



According to your report you usually experience some difficulty in maintaining an erection when you are having sex with your partner. The situation may be being exacerbated by your uncertainty about being able to perform. If this is the case then you should endeavour to find ways in which to make sex less anxiety provoking, perhaps in the first instance by talking things over with your partner.

## Premature Ejaculation



Your responses suggest that you have extremely severe premature ejaculation. That is, your inability to hold back ejaculation means that successful sexual intercourse is a rarity if not completely impossible. If you haven't done so already, you should perhaps ask your partner for advice. Also, there may be medical solutions to your problem, so why not discuss this with your doctor?

## Non-sensuality



Your answers show that the level of sensuality in both your physical and sexual relationship with your partner falls just within the average range for men. You should hang on to this and perhaps attempt to improve on the present situation. If any problems ever do arise in your sexual relationship, then a sensuous nature is a good indication that there is likely to be a route to recovery.

## Avoidance



You never avoid having sex with your partner. So long as both of you are satisfied with this situation then it is an excellent state to be in. However, it may be that opportunities for sexual intimacy arise very rarely or not at all, which would be rather unfortunate. Such low levels of avoidance can be associated with a partner's problems, and if these are resolved things may return to normal.

## Dissatisfaction



You appear to be dissatisfied with many aspects of your partner's sexual relationship with you. This is unfortunate and it is something that should not be left to linger. Have you actually told her of your dissatisfaction? While there may be problems on both sides it is something that should be addressed sooner rather than later. You could perhaps seek the advice of a counsellor or your doctor.

## Infrequency



Your responses show that you never have sexual intercourse with your partner. Probably the reasons for this will be apparent from elsewhere in this report. If both you and your partner are satisfied with the current situation, then that's fine. But if there are concerns then you should be aware that there are many services available that can help. In the first instance you could consult your doctor.

## Non-communication



It seems that you never ever discuss your sexual relationship with your partner. This is not good. While sex can be a very embarrassing topic for both of you it is a very important way in which to share sensibilities, and if things go wrong, talking is nearly always the beginning of a cure. If you find it impossible you could seek help from a counselling service that specialises in this area.